



# PEACE BRIDGE PRESS

Home of the POLAR BEARS

April 2022



Principal: L. Sauer    Vice Principal: J. Eckhardt    Secretaries: K.Kirk/S. Dill

## Principal's Message

It is hard to believe that we are already into the month of April! Students have been moving freely outside at break times and we are moving on with regular school activities. This feels refreshing for our staff and students.

We will be starting to do Subway lunches later on this month, it will be live in SchoolCash Online, the due date is April 16, 2022. At this time there are no cash orders, we are paperless. Subway will be served on April 20, 2022.

The Intermediate basketball season is underway, and both teams are making us proud! Thank you to our dedicated coaches and student athletes!

Below are pictures of our **Lost and Found** items. Please come in after school hours, 3:45pm-4:00pm to take a look. We will be donating unclaimed items at the end of the month.

Happy Spring, Mrs. Sauer and Mr. Eckhardt



## Upcoming Events

|                   |  |
|-------------------|--|
| <b>April 14th</b> | <b>Spring Colours (light blue,pink, yellow)</b>  |
| <b>April 15th</b> | <b>Holiday No school!</b>  |
| <b>April 16th</b> | <b>Subway Lunch Order Due</b>  |
| <b>April 18th</b> | <b>Holiday No school!</b>  |
| <b>April 19th</b> | <b>Parent Council @ 5:30</b><br><b>Dental Screening</b>                                      |
| <b>April 20th</b> | <b>Dental Screening</b>  |
| <b>April 20th</b> | <b>Subway Sub Lunch</b>  |
| <b>April 27th</b> | <b>Paul Davis Virtual, Internet Safety Gd 1-6</b><br><b>Spirit Days! Tie Dye vs Stripes!</b> |
| <b>April 28th</b> | <b>Paul Davis Virtual, Internet Safety Gd 7-12</b>   |
| <b>May 2nd</b>    | <b>Vaccinations- Gr.7 (HB, HPV)</b>  |

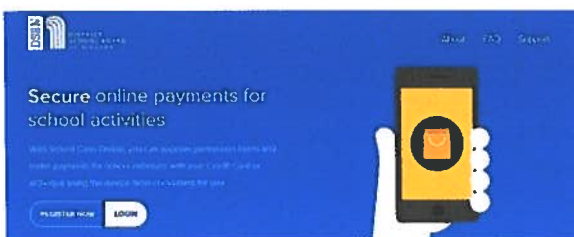
## Award Winners for March

| Teacher          | Optimism               | Academic                |
|------------------|------------------------|-------------------------|
| Johnson/Nevinger | Levi M.                | Kash M.                 |
| Harasty/Meli     | Maverick H.            | Mason A.<br>Dashiell K. |
| Bell             | Hudson H.              | Eli M.                  |
| Nick             | Paityn T.              | Amelia M.               |
| Groulx           | Charlotte M.           | Jayda H.                |
| Wright           | Jasmine T.             | Joe M.                  |
| Marr             | Mia G.<br>Kaitlyn V-Y. | Isabella C.             |
| Mason            | Carter W.              | Aurora A.               |
| Shanks           | Lucas B-N.             | Ben B.                  |
| Teakle           | Hayden B.              | Dominick C-T.           |
| Lindberg         | Kaylee F.              | Khloe W.                |
| Clark            | Liam F.                | Claire T.               |
| Sneek            | Brycen C.              | Eric K.                 |
| Bardoel          | Leila A.               | Bentley Z.              |
| Jegg             | Zoey W.                | Pearce T.               |
| Snyder           | Jocelyn B.             | Alyssa T.               |
| Pegg             | Abdou E.               | Noah S.                 |
| Glover-Sams      | Skylynn S.             | Sophia S.               |
| Sally            | Saoirse C.             | Khloe W.                |

## School Cash Online

School Cash Online is a secure portal where you can sign permission forms and make payments for items online. You can gain access by clicking on the School Cash button online on our school website. If you registered last year you do not need to register again.

Please call to make an appointment at the office if you require any assistance in registering.



## Dental Screening

### FREE Dental Screening Coming to Your School

The Public Health Dental program will be offering dental screenings this school year. Dental screenings will be provided to students in JK, SK, grades 2, 4 and 7 as required under the Health Protection and Promotion Act.

A registered dental hygienist will take a quick look in the child's mouth using a sterilized mirror and light. Staff will be wearing a mask, eye protection, gloves and performing hand hygiene between each student. Students will be asked to remove their masks for 20 - 30 seconds and will be distanced from other students.

Parents/guardians will be contacted if their child requires immediate dental care. The Healthy Smiles Ontario program may financially assist children who do not have access to dental care.

Please contact the Dental program if you DO NOT want your child(ren) to take part in the dental screening. For more information or to opt-out your child(ren), complete the online School Dental Screening

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Tel: 905-871-5962 · Website: [peacebridge.dsbno.org](http://peacebridge.dsbno.org)**

Nonparticipation Form, call the Dental Health Line at 905-688-8248 or 1-888- 505-6074 ext. 7399 or email [dental@niagararegion.ca](mailto:dental@niagararegion.ca)

## April is Oral Health Month!

- Drink water instead of sugary drinks, including pop, sports drinks and juice
- Avoid sticky snacks like fruit gummies that can get stuck in the grooves of your teeth
- Sweet snacks are best served at the end of a meal while there is plenty of saliva in your mouth to help wash sugars away
- Public Health's dental clinics are open for in person appointments and [virtual dental services](#). Morning, afternoon and evening [appointments](#) are available.
- If your child is in need of dental coverage, our dental staff can help families access [FREE dental care](#)
- If your child is experiencing dental pain or discomfort, please call the Dental Health Line at 905-688-8248 or 1-888-505-6074 ext. 7399 or connect with our [Dental Team](#)

### Puberty Information – Parents of Grade 5 & 6 students

During the month of April and May, teachers may start addressing topics under Ontario's 'Human Development and Sexual Health' curriculum. To help support parents in answering questions around puberty, check out the Facebook [puberty information session](#) delivered by School Health Nurses Austin & Ashley.

### Head safety – for bikes and other wheels

With warmer weather around the corner, more students will be outdoors taking part in spring activities, such as biking, skate boarding or roller blading. A [properly fitted and correct helmet](#) can cut the risk of a serious head injury by up to 85%. This means four out of five brain injuries could be prevented if every cyclist wore a helmet.

- Bike [helmets](#) should be replaced after five years or a crash where the cyclist has hit their head
- It's not safe to use a [second-hand helmet](#)
- Baseball hats, big hair clips and headphones should never be worn under a helmet

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The human skull is just approximately one centimeter thick, so it is important to remind children to always protect their head. To make sure a helmet fits right, follow the 2V1 Rule (image courtesy of [Parachute Canada](#))

#### COVID-19 Update

The COVID-19 vaccine is the best line of defense for preventing the spread of COVID-19 in schools and protecting our entire community. Children over the age of five can get vaccinated at any [Niagara Region Public Health COVID-19 Vaccination Clinic](#).

- [Public Health clinics](#) are **currently accepting walk-ins** for first, second or third / [booster doses](#)

If you or your child are experiencing symptoms of COVID-19 or have tested positive on a PCR or rapid antigen test, please review [guidance on self-isolation](#).

#### Helpful links and resources:

- [Schools & Child Care During COVID-19](#)
- [Frequently asked questions](#)
- [COVID-19 Vaccination in children and youth](#)
- Additional fact sheets in [multiple languages](#)

Public health professionals are available to answer any questions through the COVID-19 Info-line Monday to Friday, 8:30 a.m. to 4:15 p.m.

- 905-688-8248 or 1-888-505-6074, press 7
- [Chat online](#) in 90 different languages with auto-translate

Information on COVID-19 and vaccine eligibility is available on Niagara Region Public Health's [website](#), [Facebook](#), [Twitter](#) and [Instagram](#).



## **IN-PERSON Kindergarten Open Houses are ON!**

**When: Thursday, May 12, 1:00 – 6:00 pm**

Yes, it's true! We are excited to welcome our newest little learners and their families back into our school to see everything in person. We are looking forward to opening our school doors to your family for a very important visit.

On **Thursday, May 12<sup>th</sup>**, you and your child are invited to visit us between 1:00 – 6:00 pm to meet the Kindergarten team, take a peek at a Kindergarten classroom, and maybe even meet some future friends! School staff will be reaching out to set up a scheduled time for your visit in the coming weeks. If you haven't registered yet, please contact our office so we can be sure to arrange your visit.

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# Niagara Region Public Health School Health Newsletter



## For Parents

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# April 2022

| Sun. | Mon.                         | Tues.   | Wed.   | Thursday.   | Friday.  | Sat.                        |
|------|------------------------------|---|--|---|--|-----------------------------|
|      |                              |   |  |   | 1.   | 2.                          |
| 3.   | 4.                           | 5.  | 6.   | 7.  | 8.   | 9.                          |
| 10.  | 11.                          | 12.   | 13.  | 14.<br>Spirit Day!<br>Spring Colours<br>(Light blue, pink,<br>purple, yellow) | 15.<br>Holiday<br>No school!                                   | 16.<br>Subway Orders<br>Due |
| 17.  | 18.<br>Holiday<br>No school! | 19.<br>Parent Council<br>@530pm<br>Dental Screening | 20.<br>Dental Screening<br>Subway Lunch!       | 21.   | 22.  | 23.                         |
| 24.  | 25.                          | 26.   | 27.<br>Spirit Day!<br>Tie Dye<br>Vs. Stripes!! | 28.<br>Paul Davis Virtual<br>Series Internet<br>Safety Gd 1-6                 | 29.<br>Paul Davis Virtual<br>Series Internet<br>Safety Gd 7-12 | 30.                         |